



# Mahoning County Mental Health & Recovery Board

## 2018 ANNUAL REPORT



Alta's First Team



The Commons at Madison



Flying High GROW Urban Farm



Opioid Summit

*and proud.*



April CIT Grads



YDC Complex

# Mahoning County Mental Health & Recovery Board



## A Heartfelt Thanks from Chairman W. Scott Fowler

It hardly seems three and a half years ago that the mental health and alcohol/addiction services boards combined to create the Mahoning County Mental Health & Recovery Board (MCMHRB). This would never have occurred without the hard work, planning and commitment of so many people working behind the scenes, caring more about getting things done right rather than who got the credit.

In the infancy and adolescence of the Board, we were faced with combining agencies and services, identifying populations and needs and matching them to the resources available under the new Board and contract agencies. We were blessed with a spirit of cooperation alongside our community partners which allows us to better serve those who have been historically overlooked or fallen through the cracks. We have had to grow up fast. From day one, staff has worked tirelessly to direct their energies at those issues and challenges requiring the most immediate response. Those efforts have paid off as we have seen a decrease in the devastating effects of the opioid epidemic.

The Board and its contract agencies cannot thank you enough for your support of our mission and programs. In our families, our neighborhoods and our communities, each of us can point to people and situations where the financial and community support of our efforts has made a real and tangible difference. The fruits of those efforts will continue to benefit all of us in the future as the programs and services delivered today translate to healthier minds, bodies and spirits for the years to come.

Our next challenge comes this fall with the renewal and additional levy on the ballot. We are grateful for your past support and know that you will embrace this opportunity to show others by your leadership how important the services we represent are to you as an individual and our community as a whole. We continue our pledge to be good stewards of the funds that you entrust to us and our contract agencies as we move forward toward a healthier, brighter future for all of us and, most importantly, our children and those generations to follow.

## 2018 Board of Directors

Atty. W. Scott Fowler, Chairman  
 Anne Lally, Vice Chairman  
 Eric Ungaro, Treasurer  
 Linda Warino, Secretary  
 Carl Alexander  
 James Bertrando  
 Marilyn Burns

Anne Cobbin \*  
 Rocco DiGennaro  
 William Gambrel \*  
 Chief Robert Gavalier  
 Anna Howells  
 Bishop C.M. Jenkins

Edgar Manning (left 10/17)  
 Ruth Mastriana  
 William Morvay  
 Susan Paluga \*  
 Patricia Sciarretta  
 Atty. Thomas Vasvari

\*Denotes at large member of Ex Committee

## A Message from the Executive Director



This past year has been one of growth and restructuring at the MCMHRB. Our core agencies entered into an agreement with the Board to establish the Preferred Care Network (PCN) and we ended the fiscal year developing a marketing campaign. The agencies denoted on page 6, represent the PCN.

The restructuring of our system began with the establishment of a campus like setting for the new crisis stabilization unit at Compass, located near the Doris Burdman Home, and Gardenview apartments. The next major change was the development of an access center at Mercy Health Youngstown. Mercy provides county residents with a seamless system of care including the local hospital, state hospital and back into the community with warm handoffs to local service providers.

A major housing unit was opened at Madison Commons, providing safe, affordable, supportive housing for 40 adults in our community, who otherwise would be at risk for homelessness (pg.3). The Stepping UP Project continues to be a successful joint venture between our system of care and the Sheriff's Department. This year the services were enhanced with the establishment of a Quick Response Team (pg. 3). The First Episode Psychosis Program transitioned to Alta (pg.3), and the Fresh Start Court, created by the Mahoning County Probate Court, helps people on Assisted Outpatient Treatment.

All of these outstanding accomplishments would not have been possible without the support and collaboration of the Preferred Care Network partners and the residents of Mahoning County.

Keep up the great work! Duane



# The Commons at Madison Provides Opportunities

A ribbon cutting ceremony was held in late July for the much anticipated permanent supportive housing program, the Commons at Madison. The 40 one-bedroom units are designed for individuals who are low income, at risk of becoming homeless and who struggle with a severe mental health, addiction, or co-occurring disorder. A partnership among Meridian HealthCare, Compass Family and Community Services, and Help Network of Northeast Ohio, in conjunction with the MCMHRB and the Ohio Dept. of Mental Health & Addiction Services, helped to bring this much needed resource to Mahoning County. The program was developed using low income housing tax credits, a Housing Trust Fund loan administered through the Ohio Housing Finance Agency, local foundation support and an AHP grant from the Federal Home Loan Bank, Huntington Bank and the Home Savings and Loan Company.

The Commons offers a secure entrance, laundry, computer and craft rooms as well as community living space. The partnership agencies will offer supportive services on site for the residents with the goal of helping to stabilize individuals, thus maintaining community tenure.



## Hope for First Episode Schizophrenia

The MCMHRB and the Best Practices in Schizophrenia Treatment (BeST) Center of Northeast Ohio Medical University have joined together to bring a best practice treatment for schizophrenia and related diagnosis to Mahoning County. Alta Behavioral Healthcare will coordinate the team-based, integrated outpatient treatment approach which focuses on the importance of early identification and treatment as a way to mitigate the devastating effects schizophrenia and related diagnosis' can have on an individual and their family. In addition to the clinical aspects of treatment, the program also involves family education and support as well as offers a supportive employment component (offered through Compass). The BeST Center developed the evidence based FIRST program ten years ago and has seen dramatic results in increased functioning and community integration.

Below: Joseph Shorokey, CEO Alta & Duane Piccirilli, MCMHRB introduce program to media



## Quick Response Team Aims to Stem Opioid Epidemic

The Ohio Attorney General's Office awarded a two year grant of \$125,000 to Mahoning County to establish a Quick Response Team (QRT). The grant specifies that the team, comprised of a deputy sheriff, counselor, a peer recovery specialist, clergy, and an EMT, attempt to engage an individual and their family within 72 hours of an overdose. Law enforcement throughout Mahoning County will notify the QRT after an encounter with an individual who has overdosed. Sheriff Jerry Greene (pictured below) is hoping to engage individuals within 24 hrs. in an attempt to increase the likelihood of engagement. The QRT, which began its work in November, has had over 135 notifications from law enforcement. Captain Stephen Szekely Jr., who is spearheading the program, states the biggest challenge has been finding the individual once discharged from the hospital as this population tends to be transient. Peer recovery specialist who have been hired to assist with connecting individuals to service have been positioned in the local Emergency Departments. At this juncture, those who have been engaged by the QRT have had a positive response to the outreach. As word of the program increases year 2 should yield better results.



## Board Hosts State for “Take Charge” Initiative



State officials visited the MCMHRB offices to meet with local leaders to promote the new statewide initiative “Take Charge”. Ohio launched the program to educate prescribers and public about the dangers of prescription opioids. TakeChargeOhio.org provides information to underscore the dangers of prescription painkillers and to provide alternatives to pain management. Then OHMAS Medical Director, Dr. Mark Hurst, (now Director) applauded Mahoning County and the MCMHRB’s efforts in combatting the epidemic, stating “We have noticed the efforts that have been made in this community”.

## Opioid Summits Seek to Educate

The Mahoning County Juvenile Court and the MCMHRB sponsored a series of summits to educate the public on the impact the opioid epidemic has had on the Valley. The first two summits quickly outgrew the community room of the Covelli Center so the third was moved to the Mount Carmel, Social Hall. Total attendance for the three summits has been close to 500 people with many more streaming it live on Facebook. WFMJ 21 News anchor Derek Steyer moderated the events which have included State department officials, law enforcement, school personnel, community providers, the Coroner’s office, and individuals and families in recovery. Senators Rob Portman and Sherrod Brown and State Representatives Bill Johnson and Tim Ryan sent video messages speaking to the efforts the State is making to address the opioid crisis. The panelists provided information on addiction, prevention, treatment, public policy, law enforcement and living as people in recovery. Community treatment providers, Dr. Sitarik & Dr. Brown, answered questions from the audience and discussed the disease model of addiction. Future summits will continue to be held in FY 19 in the hopes of bringing the community together to solve this crisis



Dr. Dan Brown  
Meridian HealthCare



Dr. Joseph Sitarik  
Neil Kennedy Recovery Clinic

## MCMHRB Sponsored Events

The MCMHRB teamed with several community partners to bring training and continuing education opportunities to Mahoning County. Collaborators included the Mahoning County Juvenile Justice Center, Help Network of Northeast Ohio, Ohio Suicide Prevention Foundation, Mercy Health, the Coalition for a Drug Free Mahoning County, and the Trumbull County Mental Health & Recovery Board. Some of the highlights included:

- 8.10.17 A Symposium on Overdose, Grief & Healing
- 9.26.17 CISM: Group Crisis Intervention
- 10.16.17 CIT Police Officer Training
- 11.3.17 Community Opioid Summit I
- 2.14.18 Prevention Ethics
- 2.21.18 Community Opioid Summit II
- 3.28.18 Creative Mindfulness for Trauma-Focused Care
- 4.23.18 CIT Police Officer Training
- 5.11.18 Community Opioid Summit III

In addition the MCMHRB sponsored:

8 Mental Health First Aid classes

**Please Vote  
for  
ISSUE 2  
Mental Health  
& Recovery  
Levy**

# 2018 Mental Health & Recovery Awards



**Officer Malik Mostella**  
Youngstown PD  
CIT Officer

**Presented by**  
International CIT  
Director  
Lt Michael Woody  
(retired)



**Jordyn Grzelewski**  
Vindicator  
Eagle Award



**Jacsi Waller**  
Catholic Charities  
Vanguard Award



**Meg Harris**  
Alta Behavioral Health  
Children & Family Advocate Award



**Rosemary Lee**  
Help Network  
Vanguard Award



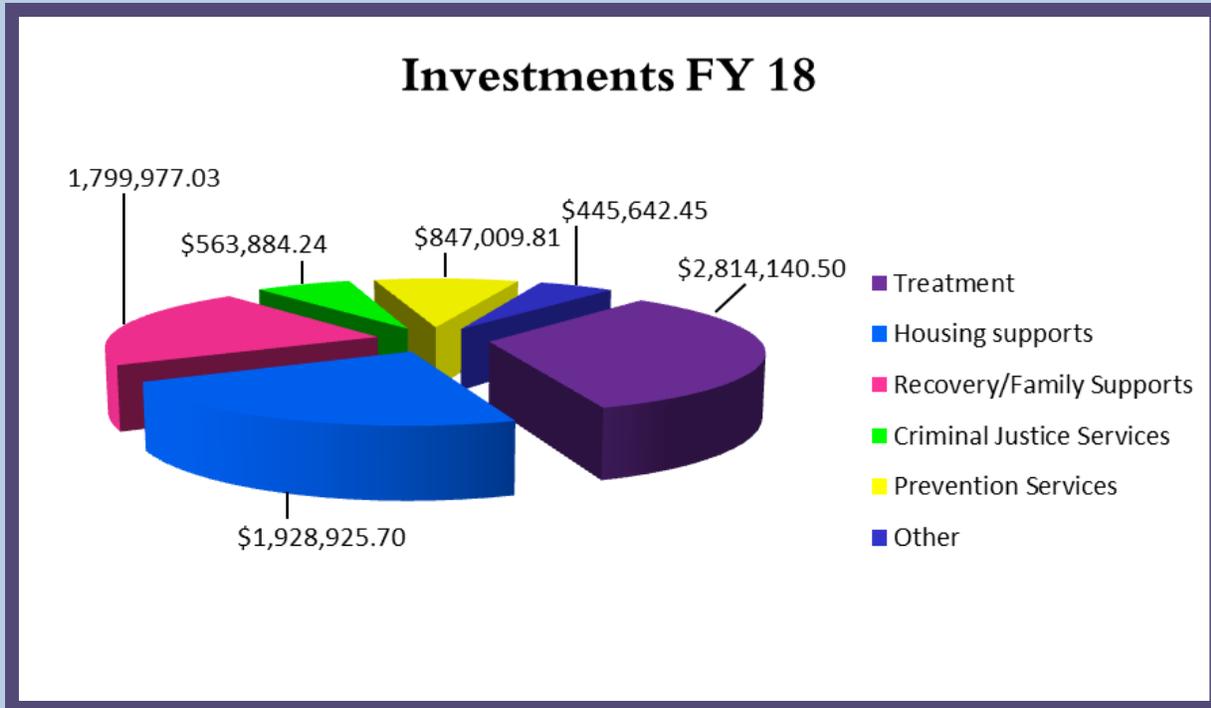
**Dr Joseph Sitarik**  
Neil Kennedy Recovery Clinic  
Advocacy Award

**Paul Homick**  
**Kathy Cook**  
Mercy Health  
Youngstown, LLC  
Leadership Award

**Presented by**  
Duane Piccirilli  
Executive Director  
MCMHRB



## Investments in Fiscal Year 18



### Preferred Care Network

- Alta Care Group
- Catholic Charities Regional Agency
- Coalition for a Drug Free Mahoning Co.
- Compass Family & Community Services
- CSN
- Flying High
- Help Network of Northeast Ohio
- Mercy Health
- Meridian Healthcare
- Neil Kennedy Recovery Center
- YUMADAOP



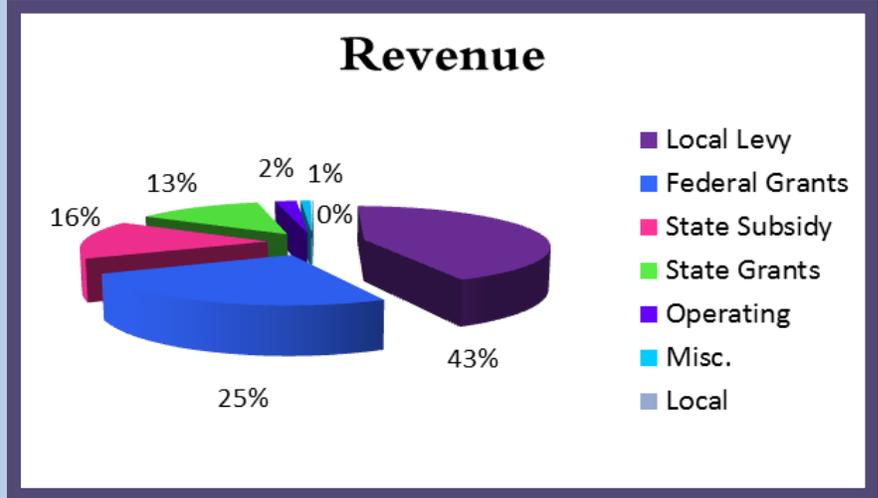
### Partner Agencies

- ACLD
- Alzheimer's Assistance & Referral Network
- Big Brothers Big Sisters
- Federation of Families
- Goodwill Industries
- Homes for Kids
- Mahoning Valley Dispute Resolution
- NAMI Mahoning Valley
- OCCHA
- OH WOW!
- Potential Development

# Report of Revenues and Expenditures

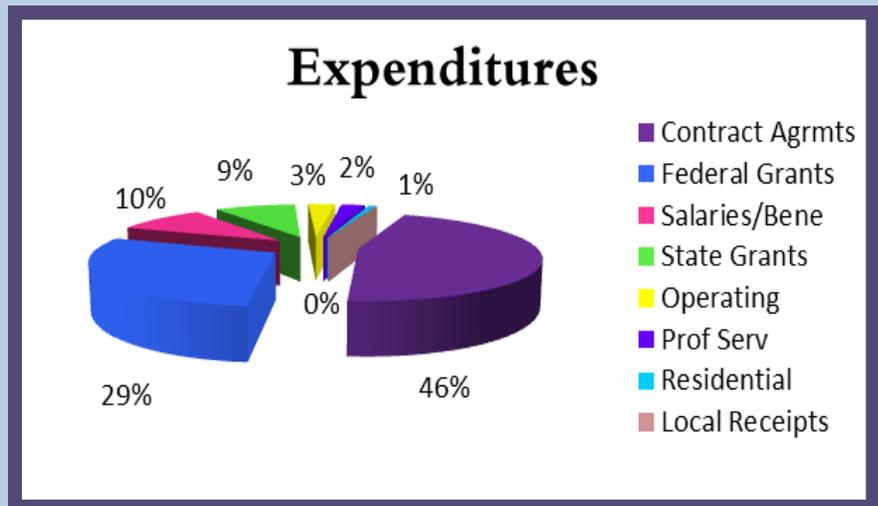
## REVENUE

Local Levy	\$4,269,061.61
Federal Grants	\$2,510,278.71
State Subsidy	\$1,529,259.64
State Grants	\$1,290,043.28
Operating Trans	\$218,129.00
Miscellaneous	\$102,371.73
Local Receipts	\$15,247.20
<b>Total</b>	<b>\$9,934,346.17</b>

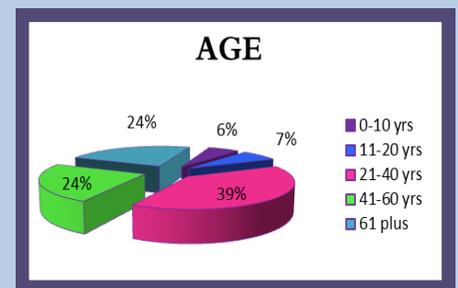
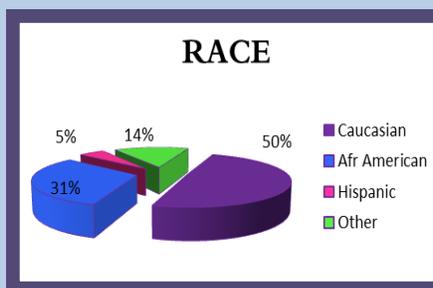
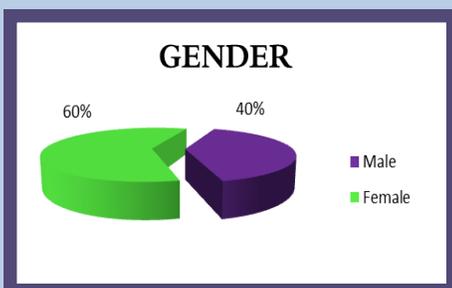


## EXPENDITURES

Contract Agrmts	\$4,150,255.24
Federal Grants	\$2,631,667.63
Salaries/Benefits	\$887,312.50
State Grants	\$794,891.42
Operating	\$263,697.93
Professional Services	\$237,251.12
Residential Placemt	\$62,927.79
Local Receipts	\$10,404.03
<b>Total</b>	<b>\$9,038,407.66</b>



# Persons Served FY18



# Mahoning County Mental Health & Recovery Board

## Congratulations Bob!



After 34 years of serving the Mahoning Valley, Robert Altman retired from the Help Network of Northeast Ohio (formerly Help Hotline). Bob held many different positions during his tenure but one thing always remained constant, his commitment to serving the community. Enjoy a well deserved retirement!

## Ryan Giambattista Art Show

In honor of their son Ryan, an accomplished artist, who tragically passed away in July 2015, MCMHRB member Rocco DiGennaro and his wife Terri, sponsored the annual Ryan Giambattista Art Show. Individuals living with mental health issues were asked to submit their art work for the opportunity to win prizes and to have their art displayed in the MCMHRB offices. The photos below reflect the work of the first place finishers.

## Becoming Mindful

Over 120 counselors, social workers and first responders attended the MCMHRB sponsored workforce development seminar on becoming mindful. Participants learned how to approach individuals from a trauma informed perspective, thus providing them more effective tools in which to help individuals in crisis. Self-care strategies were also discussed providing participants with effective tools to avoid stress related illnesses. The presenter, Jamie Marich, Ph.D. (pictured above) is an internationally recognized expert in the field.



## Mahoning County Commissioners

Anthony Traficanti  
Carol Rimedio-Righetti  
David C. Ditzler

## Mahoning County Mental Health & Recovery Board Staff

Executive Director  
Associate Director  
Director of Program & Planning  
Director of Finance  
Compliance Director  
Drug Court Coordinator  
Fiscal Account Specialist  
Finance Grant Manager  
Administrative Assistant/Trainer  
Board Probate Attorney  
Chief Clinical Officer

Duane J. Piccirilli, LPCC-S  
Brenda Heidinger, OCPS  
William Carbonell, LPC-S  
Mark Dunlap  
Toni M. Notaro, LPCC-S  
Amy Klumpp  
Marla Ogan  
Nick Srnec  
Aimee Schweers, OCPS  
Samuel Amendolara,  
Harvey Kayne, Ph.D. independent contractor